

To All Students at the Etchujima Campus:

Student Health Examinations will be held on Tuesday, April 6 and Wednesday, April 7.

In order to minimize the risk of infection with Covid-19, we have asked students to take the following preventative measures.

1. Please comply with "Regarding Measures for the Prevention of Covid-19 Infection When Attending Classes" (December 14, 2020) posted on the Tokyo University of Marine Science and Technology website.  
<https://www.kaiyodai.ac.jp/topics/img/2b7433e55dd4648f74db1ce9c999f7e4.pdf>  
<https://www.kaiyodai.ac.jp/overview/img/7a2554b39142249ba987d4bdac411506.pdf>
2. **As described in 1 above, take your temperature every day, record it in the Health Management Table or "Kenko Nikki" (health diary) application, etc., and bring that record with you on the day of the health examination. It will be checked at the reception desk on the day of the health examination. (Records from the preceding two weeks are required.) (※1)**
3. If you have symptoms such as a fever, cough, or abnormal sense of taste/smell two weeks or less before the health examination date (※1), please contact the Health Service Center in advance. If you have a fever (generally 37.5°C or higher) on the day of the health examination, or if you feel ill, do not go on campus. Contact the Health Service Center or the Student Support Section and take care of yourself at home.
4. If you contract Covid-19 and have not been diagnosed as cured by a doctor by the day of the health examination, or if you are determined to have been in close contact with a person infected with Covid-19 two weeks or less before the date of the health examination (※1), do not go on campus. Contact the Health Service Center or the Student Support Section and take care of yourself at home.
5. Be on time. Late arrivals may not be allowed to take the health examination. If you arrive early, please wait near the entrance to the health examination. (※2)
6. Assume that you and others may be carrying Covid-19 and act accordingly.
  - ① Wear a mask.
  - ② Thoroughly wash and disinfect your hands (before and after using the restroom, before and after eating, before touching your face, and after returning home).
  - ③ Keep a distance of at least 2 meters from other people.
  - ④ Avoid talking as much as possible to prevent airborne droplets. Do not talk loudly.
  - ⑤ Go home as soon as possible after the physical examination.
  - ⑥ **Don't get together for meals or drinks before or after the health examination.**

※1 Two weeks before the health examination is March 23 for those who will be examined on April 6 and March 24 for those who will be examined on April 7.

※2 The designated time will be announced at the orientation on April 5 for new undergraduate students, via email and the university website for new graduate students, and via the university website for current students.

Inquiries (8:30-17:00 weekdays)

- Health Service Center: (03) 5245-7357
- Student Support Section, Etchujima Campus Administration Division: (03) 5245-7316