

To all students

Student Support Division

Thorough Measures to Prevent Covid-19 Infection

Covid-19 infections have once again risen in Tokyo over the past few days, just as the university plans to relax campus access restrictions for visitors on the first of July, and following both a general lifting of priority preventive measures on March 21 and a gradual return to normal classes and extracurricular activities. For a university that is partly based in Tokyo, the situation remains unpredictable. **Not only to help contain the virus but also to enjoy your classes, extracurricular activities, and other university life with peace of mind and to keep friends and family members safe, we ask that you stay alert and continue to take the following precautions against infection.**

1. Be scrupulous about basic preventative measures, such as avoiding the 3 Cs, washing your hands and using sanitizer, and wearing a mask.
2. Avoid nonessential meetings and meals together, even in small groups. **Once again this week, there have been reports of infection after meals or meetings with 2–3 people.**
3. **Some students have attended classes and joined in other activities on campus despite having symptoms. Do not come on campus if you are infected with Covid-19 or if you are determined to have been in close contact with someone infected. Instead, contact the office in charge immediately in case of any symptoms such as sore throat, cough, difficulty breathing, fatigue, abnormal sense of smell/taste, or fever.** Failure to do so may spread infection and cause a cluster on campus.

Office to contact (8:30–6:00 weekdays)

Shinagawa Campus: The clerk for campus life, Student Support Division

(03) 5463-0433 Email address: g-gaku(at)o.kaiyodai.ac.jp

Etchujima Campus: The clerk for student service, Etchujima Campus Administration Division

(03) 5245-7316 Email address: e-gaku(at)o.kaiyodai.ac.jp

Change (at) to @ when sending email.

Emergency contact on weekends/holidays (in case of infection, etc.)

Shinagawa Campus guard station (03) 5463-0376

Etchujima Campus guard station (03) 5245-7323

Additionally, **monitor your health by taking your temperature every morning** and entering your physical condition in the [Health Check Sheet](#) (Excel file). Besides this, make an effort to record your routine activities in the [Recent Personal Activities sheet](#) (Excel file).

Review the following messages on the webpage noting the university's response to novel coronavirus infection.

- [Student and university response in matters involving coronavirus infection, published on March 26, 2020, and updated on April 4, 2022](#)
- [Regarding measures for the prevention of Covid-19 infection when attending classes, published on July 20, 2020, and updated on April 5, 2022](#)

For each of us, it is imperative to be aware of the precautions listed above to prevent Covid-19 infection. Be very careful both on and off campus.

Consider vaccination and make sure you have an accurate understanding of vaccines as you continue to help us prevent infection.