

To all new students

Measures to Prevent Covid-19 Infection Before Attending Classes

Congratulations on being admitted to the university.

In view of current pandemic conditions, the state of emergency issued on January 7, 2021, remains in effect as of March 1 in Tokyo and the prefectures of Kanagawa, Saitama, and Chiba.

Under the circumstances, the university has been advising students in particular to avoid the three Cs (closed or crowded places and close-contact settings) and five situations posing a greater risk of infection (social gatherings with drinking, long meals in large groups, conversations without a mask, living together in close quarters, and switching locations) in messages from the president since last year, as we ask you to minimize the risk of infection to yourself and others.

Additional measures against infection at the university include requesting students to carefully monitor your health (as by checking your temperature each morning), wear a mask, frequently wash your hands and use sanitizer, and conduct any extracurricular activities following anti-infection guidelines, as we also take steps to prevent infection in dormitories.

Accordingly, we ask new students to make every effort to prevent infection routinely and, before attending classes, to take the following precautions.

○ **Basic guidelines**

All students should be aware of the following measures to prevent the spread of Covid-19 infection. Follow these measures conscientiously, both on and off campus.

【Monitoring your health】

Careful health monitoring, including morning temperature checks

Monitor your health starting at least two weeks before you first attend classes (for students living at a dormitory, from March 18). Details are as follows.

(1) **Take your temperature every morning** and indicate your physical condition in the [Health Check Sheet \(attachment 1\)](#).

(Otherwise, you can enter and save your health information in the [Kenko Nikki \(health diary\) app](#) available from an app store, for which the university is a registered health administrator. If you will use the app, refer to the following information.)

Points to Be Aware of When Using the Kenko Nikki (Health Diary) App

URL: <https://www.kaiyodai.ac.jp/overview/img/90a66d249facd38afe5dcac8c2666df3.pdf>

- In addition to the Health Check Sheet mentioned above, also refer to [Recent Personal Activities sheet \(attachment 2\)](#) and record your routine activities.
- If you become infected with Covid-19, or if you may have been in close contact with someone infected, the university may need to ask you to submit data from the Health Check Sheet or Recent Personal Activities sheet so that we can check the course of events.
- There is no need to enter your student ID number in the Health Check Sheet or Recent Personal Activities sheet.
- The Health Check Sheet or Recent Personal Activities sheet can be downloaded from the university website in the following section: To the undergraduate > Information for new students > For 2021 April new students > Commonness for new students.

(2) Results of your Health Check Sheet records

Do not go on campus if you have any symptoms such as a fever (generally 37.5°C or higher), cough, difficulty breathing, fatigue, or abnormal sense of taste/smell. Contact the relevant staff member listed below (Student Support Section, Student Support Division, or Student Support Section, Etchujima Campus Administration Division) and do not return to campus until you receive approval from the university.

Also use the contact-tracing app COCOA (COVID-19 Contact Confirming Application), developed by the Ministry of Health, Labor and Welfare.

For reference:

- Regarding measures for the prevention of Covid-19 infection when attending classes
<https://www.kaiyodai.ac.jp/overview/img/7a2554b39142249ba987d4bdac411506.pdf>
- Student and university response in matters involving coronavirus infection
<https://www.kaiyodai.ac.jp/overview/img/3f3f224722d286303e78bb86c4e2dae8.pdf>
- Prevention measures against coronavirus disease 2019 (COVID-19; Ministry of Health, Labour and Welfare)
<https://www.mhlw.go.jp/content/10900000/000607599.pdf>

Inquiries (8:30–6:00 weekdays)

Shinagawa Campus (School of Marine Life Science, School of Marine Resources and Environment, Graduate School of Marine Science and Technology)

- Student Support Section, Student Support Division (03) 5463-0433

Email address: g-gaku(at)o.kaiyodai.ac.jp

Etchujima Campus (Faculty of Marine Technology)

- Student Support Section, Etchujima Campus Administration Division (03) 5245-7316

Email address: e-gaku(at)o.kaiyodai.ac.jp

Change (at) to @ when sending email.

Inquiries in case of infection (outside of regular hours or in emergencies)

Shinagawa Campus (Guard station) (03) 5463-0376

Etchujima Campus (Guard station) (03) 5245-7323