

To all students currently outside Japan (also including students who have returned to Japan within the 14 days before this notice was issued)

Important: Notice regarding measures for students enrolled at the University who are returning to Japan from overseas **【5th announcement】**

The University has made announcements regarding its measures in response to this situation on March 26, May 7, May 14, and May 29. Based on the announcement from the Ministry of Foreign Affairs on June 29, we are updating our measures as shown below. Although some of our restrictions are stricter than those requested by the Japanese government, we urge students to comply in order to prevent the spread of COVID-19 on campus.

In addition, please note that we are scheduling online classes for the first semester, which will allow students to take classes even while in isolation at home.

Your status	Where you are staying	When to return to Japan	Necessary actions before and after returning to Japan
I : Japanese national or special permanent resident	(1) Country or region subject to immigration restrictions under the Immigration Control Act (Country or region subject to strengthened quarantine measures)	You are advised to return to Japan as soon as possible.	<p>【Prior to return】 Please arrange for someone to pick you up at the airport. (This must be a family member who lives with you. A friend may not pick you up.) If you cannot arrange for someone to pick you up, please make a reservation at a hotel and for a dedicated shuttle bus. (The cost of the shuttle bus and the hotel room must be borne by the student.)</p> <p>【Day before return】 Medical questionnaire: Please submit the first medical questionnaire by email to the Student Support Office.</p> <p>【After arrival in Japan】 After you have completed your PCR test, please have a family member transport you to your place of residence, family home, etc. If there is no one to pick you up, please go to the facility designated by the Director of the quarantine station. (If moving to a hotel booked by yourself, do so after receiving a negative result for your PCR test [1-2 days later]. The cost of staying at the hotel or facility must be borne by the student.)</p> <p>【1-2 days after arrival in Japan】 Report the results of your PCR test by email to the Student Support Office (if the result is positive, follow the instructions of the Health Care Center or Quarantine Station in your area).</p>

			<p>[First 14 days after return] Please remain at your place of residence, family home, hotel, etc. (you cannot stay in a student dormitory), and fill out the self-health management form every day.</p> <p>[Day 14 after return] Medical questionnaire: Please submit the second medical questionnaire and self-health management form by email to the Student Support Office.</p>
	(2) Country or region other than (1) above		<p><u>※Same as (1) above, except that there is no need for a PCR test.</u></p> <p>(If you have booked a hotel, you can move to the hotel immediately after arrival in Japan).</p>
II :Other than the above (international student, etc.)	(1) Country or region subject to immigration restrictions under the Immigration Control Act (Country or region subject to strengthened quarantine measures)	As a general rule, do not attempt to return to Japan until the restriction on landing permission is removed from the country or region in which you are resident.	With regard to reentry to Japan, <u>based on the announcement from the Ministry of Foreign Affairs</u> , we advise you to <u>consult with your Supervisor</u> and the International Student Section.

	(2) Country or region other than (1) above	Following consultation with your supervisor and the International Student Section, return only when the conditions at the right can be met.	<p>[Prior to return] Securing a place to quarantine and transportation from the airport to your place of quarantine:</p> <p>Because you are unable to spend your period of quarantine in your dormitory or the Tokyo International Exchange Center, if your place of residence is a student dormitory or the Tokyo International Exchange Center, please reserve a hotel to quarantine in (the cost of the hotel room must be borne by the student). However, because you will not be able to use public transport or a taxi, and university personnel or friends are not able to pick you up and transport you, you will have to reserve a vehicle to transport you to your place of quarantine (the cost of this transportation must be borne by the student). If it will be difficult for you to reserve a vehicle to transport you to your place of quarantine, you should make a booking in a hotel to which you are able to walk by foot from the airport (the cost of the hotel room must be borne by the student).</p> <p>[Day before return] Medical questionnaire: Please submit the first medical questionnaire by email to the Student Support Office.</p> <p>[First 14 days after return] Please go to your place of residence (excluding your student dormitory), hotel, etc. and remain there. Please fill out the self-health management form every day.</p> <p>[Day 14 after return] Medical questionnaire: Please submit the second medical questionnaire and self-health management form by email to the Student Support Office.</p>
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¹ Foreign nationals who have visited any of the countries or regions classified under (1) within 14 days of arrival in Japan will be denied entry in the absence of exceptional circumstances. (Please be aware when booking flights that catching a connecting flight in one of the countries or regions classified under (1) is considered to constitute a “visit” to that country or region).

² All persons returning to Japan from any country or region, even if they do not display symptoms of illness, are requested to remain at a place designated by the chief of the quarantine station (home, etc.; not including your student dormitory or the Tokyo International Exchange Center) for 14 days counting from the day after arrival in Japan, and to refrain from using public transportation for any purpose, including transport from the airport, etc.

³ You can view lists of the countries/regions classified under (1) on the following website. Please note that this

information may change, so it is recommended that you check with the nearest Japanese embassy or Consulate for the latest information.

[Ministry of Foreign Affairs] https://www.mofa.go.jp/mofaj/ca/fna/page4_005130.html

Note: Any student who, within 14 days of returning to Japan, experiences any of the following symptoms should avoid contact with others, wear a face mask, immediately call the nearest consultation center for returnees or people with potential exposure to COVID-19, consult with the medical facility recommended by the center as soon as possible, and report the diagnosis to the Student Support Office on their campus:

- Students who have a symptom of either shortness of breath (dyspnea), strong lethargy (malaise) or high fever.
- Students who have both a symptom of relatively mild cold such as fever and cough and a pre-existing disease that can easily become serious (e.g., asthma, heart disease, steroids or immunosuppressants)
- Students who have a symptom of relatively mild cold such as fever and cough for few days (if it lasts longer than 4 days, please consult with the consultation center)

※Examples of a symptom of consultation by the Ministry of Health, Labour and Welfare

<https://www.mhlw.go.jp/content/000628620.pdf>

【Consultation centers for returnees and people with potential exposure to COVID-19】

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/covid19-kikokusyasessyokusya.html

(Contact) For students temporarily visiting their home countries or engaging in personal travel: Academic Support and International Division, International Student Section ks-ryuu@o.kaiyodai.ac.jp

For official travel: Academic Support and International Division, International Cooperation Section ks-koku@o.kaiyodai.ac.jp

Where to submit medical questionnaires: Student Support Division, Student Support Office g-gaku@o.kaiyodai.ac.jp